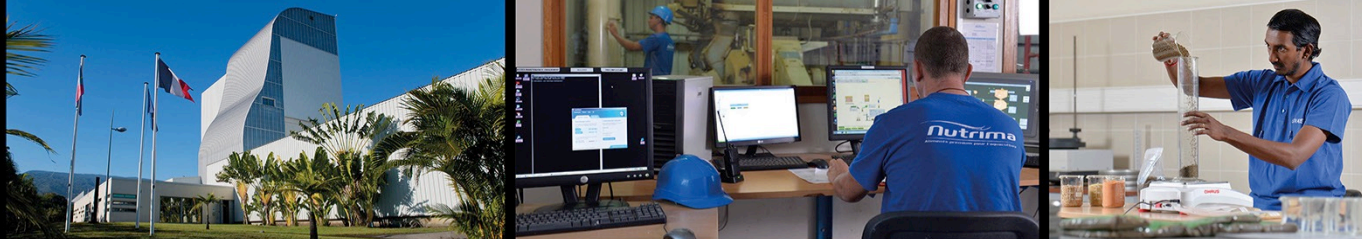


## EFFECTS OF DIFFERENT PROTEIN AND LIPID RATIOS ON:

Growth  
Fish quality  
Heavy metals bioaccumulation

during a complete grow-out cycle  
of red drum in a recirculated  
aquaculture system.





## CONTEXT AND OBJECTIVES

### OBJECTIVES

Testing the performance of **3 industrial feeds** with different **protein/lipid ratios** and **energy ratios** on:

- 1- Growth performance
- 2- Nutritional composition
- 3- Heavy metal bioaccumulation
- 4- Flesh sensory characteristics

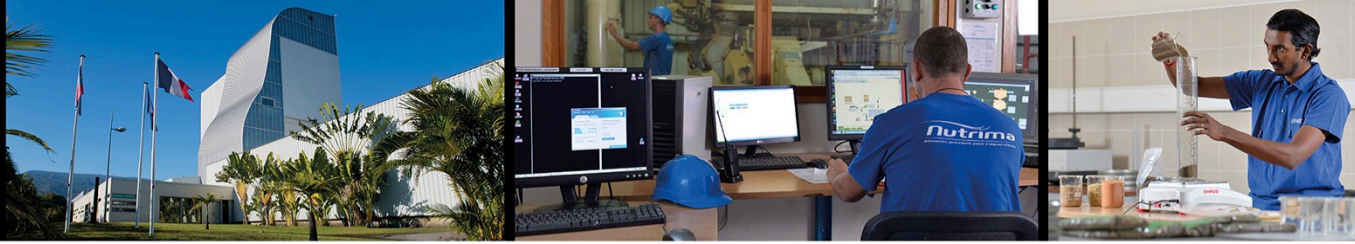
during a **complete grow-out cycle** (30g-2200g) under controlled environmental conditions.

**Nutritional attributes of experimental diets**

	Concentration [%]		
Components	Diet A	Diet B	Diet C
Water	8	7,5	7,3
<b>Gross protein</b>	<b>48</b>	<b>48</b>	<b>44</b>
<b>Gross lipids</b>	<b>12</b>	<b>15,5</b>	<b>15,5</b>
Energy content	Diet A	Diet B	Diet C
<b>Digestible energy (Kcal/kg feed)</b>	<b>3777</b>	<b>4037</b>	<b>3830</b>
Digestible protein / digestible energy [mg/Kcal]	116,92	109,38	105,69



**Adult red drum (*Sciaenops ocellatus*): 2.3 kg**



## EXPERIMENTAL CONDITIONS

FILLET-SIZE PHASE (500-2200G)

Recirculated aquaculture system :  
2 tanks / diet.  
36 fish / diet (108 total).

**Individual monitoring:**  
fish identified using PIT tags.  
**Photoperiod:**  
16L/ 8D.





# EXPERIMENTAL CONDITIONS

## FILLET-SIZE PHASE (500-2200G)

### Feeding management:

automatic feeders + manual

### Feeding ratios:

high feeding regimes adjusted to the hungriest tank

### Feed size:

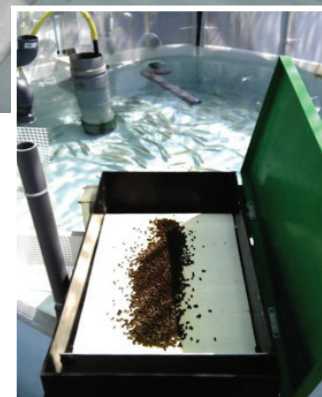
6mm ; 9mm (pressed)

### Growth monitoring:

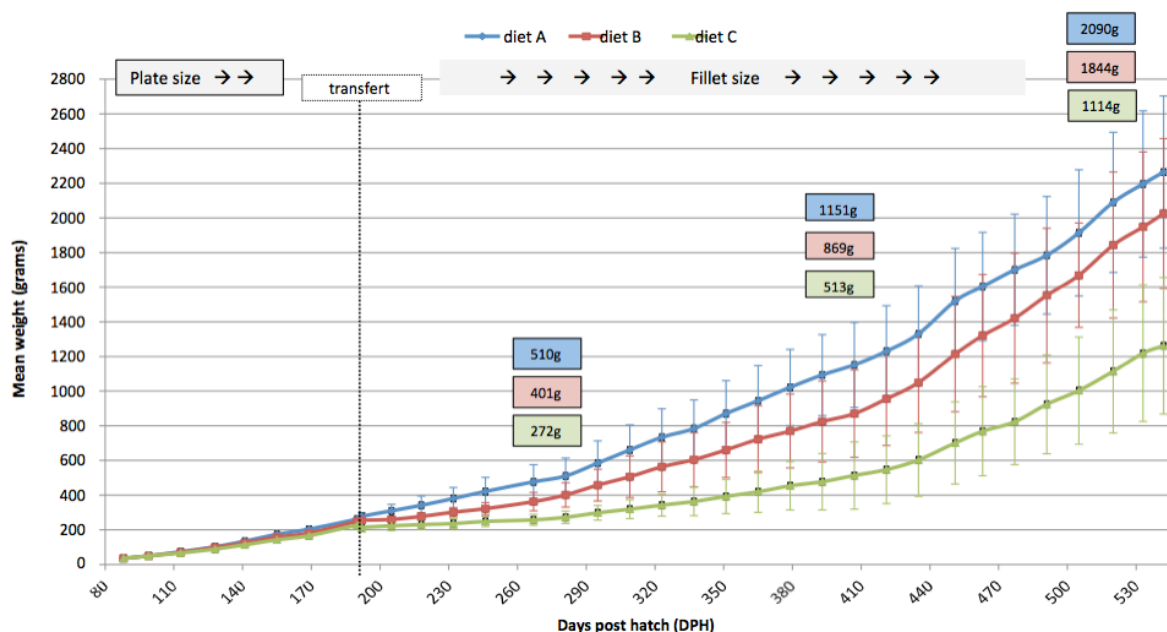
individual weight every 2 weeks  
(anaesthetized)



**Anaesthetized fish  
during growth  
monitoring**



# GROWTH PERFORMANCE: MEAN WEIGHT GAIN

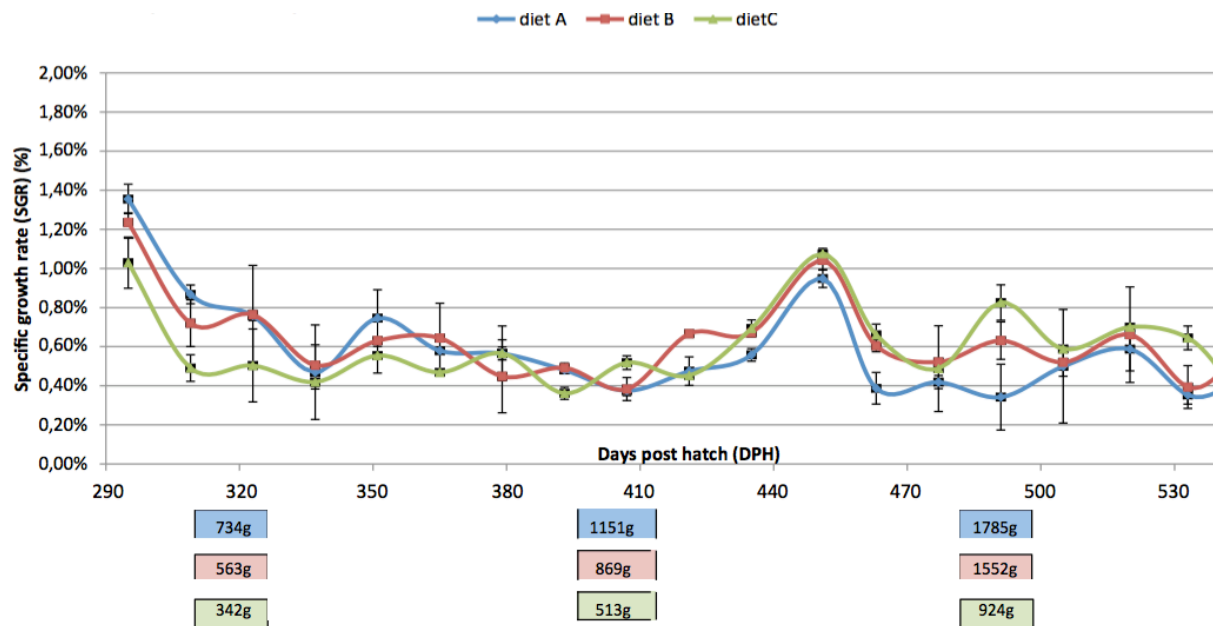


## FILLET SIZE GROWOUT PHASE

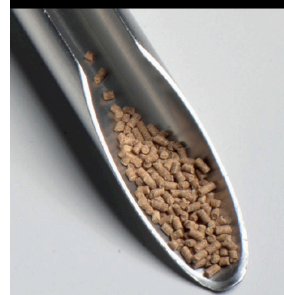
No significant difference between diets A and B although diet A produced larger fish.

Both diets A and B outperformed diet C.

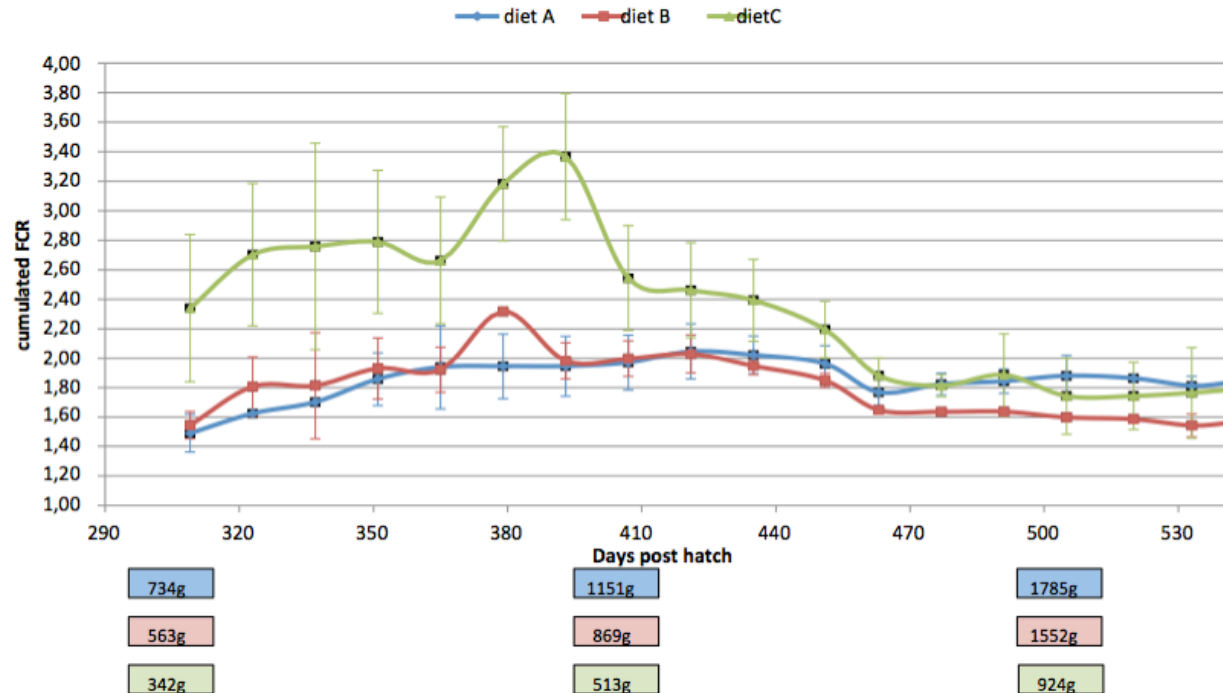
# GROWTH PERFORMANCE: SPECIFIC GROWTH RATES (SGRS)



- Similar patterns for diets A and B.
- **Slight diminution of feeding ratios at 407 dph led to increased SGRs for all diets.**
- Diet B taking advantage over diet A from 407dph to 505 dph.
- Although fish from diet C were smaller, their SGRs improved with growth.



# GROWTH PERFORMANCE: CUMULATED FEED CONVERSION RATIOS (FCRS)

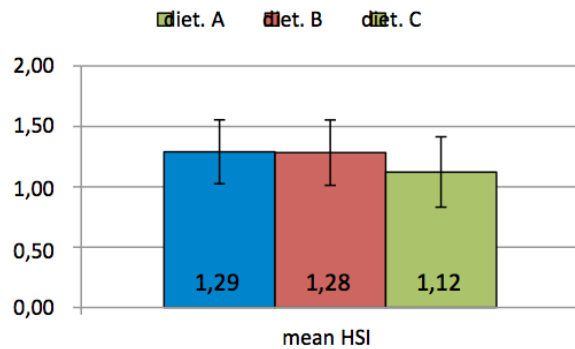


- **Similar patterns for diets A and B.**
- Diet B performs better than diet A as from 421 dph.
- FCR of diet C is higher but lowering over time.

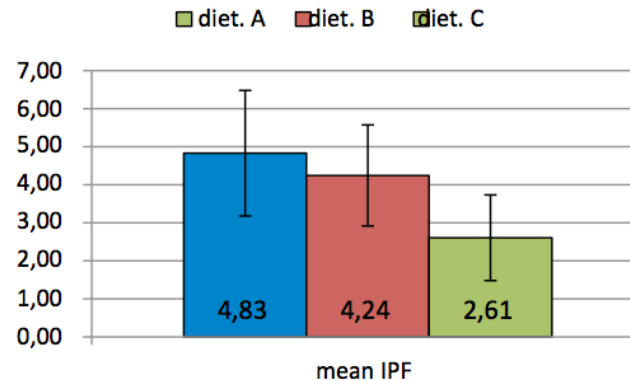




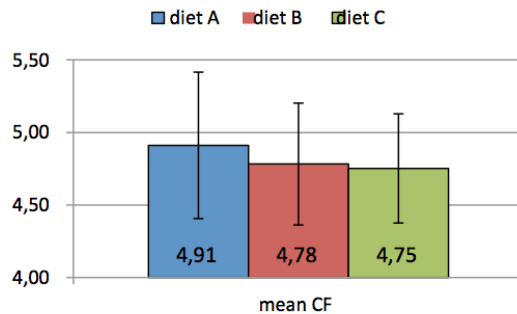
# HEPATOSOMATIC INDEX (HSI), INTRAPERITONEAL FAT RATIO (IPF), CONDITION FACTOR (CF)



**HIS**  
LARGER BUT HEALTHIER LIVERS FOR DIETS A AND B.



**IPF**  
HIGHER FAT DEPOSITION FOR DIETS A AND B  
THAN FOR DIET C.



**CF**  
NO REMARKABLE DIFFERENCE BETWEEN DIETS.





# NUTRITIONAL ANALYSES

## LIVER TISSUE

No significant compositional difference between the 3 diets.

## FLESH TISSUE

Similar amino acid composition between muscle from the 3 diets.

Higher lipid concentration in fish muscle from diet A than diets B and C.  
Similarity in total nitrogen, proteins, ashes, total humidity for all diets.

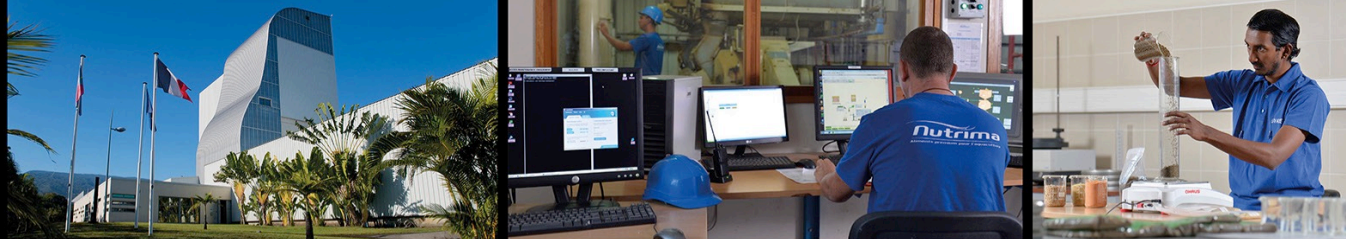
Rise in concentrations of  $\omega 3$  fatty acids across diets A, B and C.

Fluctuation in concentrations of  $\omega 6$  fatty acids between the 3 diets.

- $\omega 3 / \omega 6$  ratios: diet A < diet C < diet B.
- EFA concentrations in flesh is impacted by diet composition.

Muscle component	Concentration [g/100g]		
	Diet A	Diet B	Diet C
Total Nitrogen	3,66	3,69	3,63
<b>Proteins</b>	<b>22,85</b>	<b>23,00</b>	<b>22,70</b>
<b>Lipids</b>	<b>3,75</b>	<b>1,90</b>	<b>1,15</b>
Ashes	1,20	1,30	1,35
Total Humidity [%]	72,50	74,35	75,75

Muscle concentration [mg/kg]			
	Diet A	Diet B	Diet C
$\omega 3$ fatty acids	16,81	18,30	20,02
$\omega 6$ fatty acids	16,03	15,57	17,24
<b><math>\omega 3 / \omega 6</math> ratio</b>	<b>1,05</b>	<b>1,15</b>	<b>1,16</b>
$\omega 6 / \omega 3$ ratio	0,95	0,85	0,86



# TOXICOLOGICAL ANALYSES

## LEAD, CADMIUM, ARSENIC, MERCURY, FLUORIDE IONS

### FLESH TISSUE

**All flesh samples were safe for human consumption.** Slight higher arsenic concentration in flesh from diet A. Cadmium, lead and fluoride ions not detected.

Toxicology in FLESH			
Heavy metal	Concentration [mg/kg]		
	Diet A	Diet B	Diet C
Arsenic	1,07	0,90	0,84
Mercury	0,08	0,07	0,06

### LIVER TISSUE

Specific stocking site for cadmium. Arsenic concentration is higher in high lipid diets.

Toxicology in LIVER			
Heavy metal	Concentration [mg/kg]		
	Diet A	Diet B	Diet C
Cadmium	0,39	0,28	0,27
Arsenic	1,59	2,12	2,04
Mercury	0,04	0,03	0,02



# SENSORY ANALYSIS

## SENSORY CHARACTERIZATION

Specialized panel (17 experts) characterizing:

- Smell
- Aspect
- Texture
- Flavor/Aroma

- Texture of the flesh from **diets A and B was firmer** than from diet C.
- Smell of the flesh from diets A and B was more pronounced and **stronger**, with a more marked **marine scent** than the flesh from diet C.



## HEDONIC ANALYSIS

80 random consumers (mixed gender).

**Overall satisfaction** for all fillets with slight preference for the flesh from fish fed with diet A.

Consumers preferred the texture and taste of the fillets from diet A.





# CONCLUSIONS AND RECOMMENDATIONS

## GROWTH EFFICIENCY

- High protein content is recommended to sustain growth.
- Increasing dietary energy content promotes feed conversion for larger fish when enough proteins are supplemented.
- Lowering feeding ratios after a year increases both FCRs and SGRs: room for faster growth.
- Low lipid diet resulted in fish flesh with higher lipid concentration than diets with high lipid concentrations.

## BIOSECURITY GUARANTEED

- All diets lead to fish flesh complying with European thresholds for 5 heavy metals.

## CONSUMER ACCEPTANCE VERIFIED

- High protein diets (A and B) produced fish with more desirable sensory traits (superior texture and taste).



Components	Concentration [%]		
	Diet A	Diet B	Diet C
Gross protein	48	48	44
Gross lipids	12	15,5	15,5
Energy content	Diet A	Diet B	Diet C
Digestible energy [Kcal/kg feed]	3777	4037	3830





Cape Town International  
Convention Centre

